

# posture friend

®

## Quick user guide

Thank you for your purchase. I trust that your new Posture Friend will provide you with many years of faithful service.

### Features

- Computer and hand made ultra-premium open-cell foam core
- Breathable shell with rear non-slip fabric
- 2 elastic straps and 4 triglide buckles (PRO)
- FREE Online Wholistic Posture Program

### How to use Posture Friend

The triangular shaped non-slip material is placed upon the seat or chair back, the bottom of the triangle is facing downwards. Adjustment to Posture Friend can be made by moving it up or down the seat back, then leaning back to test. The functionality of Posture Friend can also be adjusted by tilting your seat back (and/or base) forwards and backwards. The elastic straps can secure Posture Friend in place when used with an office chair - this elastic can be secured in place by feeding back through the buckles a second time - so the ends are facing the centre.

## Product care

Care should be taken that Posture Friend foam core is never allowed to get wet. If your Posture Friend needs to be cleaned, you can do so by opening the zipper, removing the foam inner core and hand washing the cover in cold or warm water and mild detergent. **DO NOT** machine wash your Posture Friend cover, use hot water, bleach, tumble dry or dry in direct sunlight. To avoid damage from mildew, care must be taken to ensure that your Posture Friend cover is absolutely 100% dry before re-inserting the foam core.

## Warranty

Posture Friend offers a 12-month warranty on Posture Friend PRO and PRO COVER (not Posture Friend AIR), that covers any defects in materials or manufacture. Because Posture Friend foam core and fabric cover are hand made, it can be expected there will be some variations in manufacture - such variations are not covered by this warranty. Each cover and foam core is personally inspected by me, to ensure that any variations do not affect Posture Friend's functionality. The warranty commences on the date of purchase, and covers the shaped open-cell foam core, fabric cover and accessories.

Warranty does not cover damage by the owner, either by water, excess heat, mechanical compression, abrasion, puncture, cutting/ripping, from incorrect care, acts of God or other misadventure.

The logo for Posture Friend, featuring the words "posture" and "friend" in a white, lowercase, sans-serif font, stacked vertically. A small registered trademark symbol (®) is located at the bottom right of the word "friend". The text is set against a teal-colored rounded rectangular background.

posture  
friend®

64 Hayes Rd  
Quindalup 6281  
Western Australia  
[www.posturefriend.com.au](http://www.posturefriend.com.au)